



Guardian Angels Parish

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Pastor: Rev. John Alex Pinto, OCD

July 31, 2020

Dear Parishioners,

During the pandemic many people had to face difficult times due to lack of availability of food. Some people who were so used to eating out on regular basis, were in panic mode. Prophet Isaiah invites us *“All you who are thirsty, come to the water! You who have no money, come, buy grain and eat; Come, buy grain without money, wine and milk without cost! Why spend your money for what is not bread; your wages for what does not satisfy? Only listen to me, and you shall eat well, you shall delight in rich fare. Pay attention and come to me; listen, that you may have life. I will make with you an everlasting covenant, the steadfast loyalty promised to David.” (Isaiah 55: 1-3)*

In our responsorial psalm today, Jesus feeds us. In the Gospel, from 5 loaves and 2 fish, Jesus provides abundant food for 5,000 people. In *Matthew 14: 20-21*, the Gospel writer comments about the event in the following way, *“They all ate and were satisfied, and they picked up the fragments left over — twelve wicker baskets full. Those who ate were about five thousand men, not counting women and children.”*

We Catholics are blessed with the divine banquet enacted for us every time we attend the Eucharistic Celebration. We believe the Lord becomes present to us sacramentally. He becomes our food and drink to sustain our earthly pilgrimage of life. For some of our earthly parishioners, due to their situation, has to miss the Sunday celebration. I believe they are with us in spirit, since we are one family of God.

Thank you for your understanding that all cannot be accommodated to attend Sunday Mass, since we need to give space for those who are in waiting list. I request all those who registered but can not come to inform us ahead of time, so that we will be able to re-assign your seats and accommodate those in the waiting list.

On August 14 at 6 pm, we will have the celebration of the Sacrament of confirmation. As it is the vigil of the solemnity of the Assumption of the Blessed virgin Mary, we can allow more people to join the Mass at 6 pm together with the family of the confirmand. The First Communion for our candidates will be on August 28 at 6 pm. Please pray for our candidates and their families.

On August 7, the first Friday of the month, we will have Benediction of the Blessed Sacrament after the 8 am Mass. And, on August 11 to 13, there will be NO morning Mass, since we, the Carmelite friars, will be away on retreat at Carmel Hill Monastery. Please keep us in your prayers.

Prayers and blessings,

Fr. John Alex Pinto OCD

Pastor

STEWARDSHIP SAINT for August

Saint Alphonsus Liguori, Bishop and Doctor of the Church

Alphonsus Liguori was the founder of the Redemptorists (Congregation of the Most Holy Redeemer) and one of the greatest moral theologians in the history of the Church. Born into a Neapolitan noble family in 1696, he studied and practiced law successfully until, after losing an important case through his own fault and seeing it as a sign of God's will, he decided to enter the priesthood. He studied theology and was ordained in 1726. Soon thereafter he established a reputation as an effective preacher and understanding confessor in and near Naples.

Alphonsus organized parish missions and urged his priests to be simple in the pulpit and compassionate in the confessional.

In 1732, Alphonsus founded the Congregation of the Most Holy Redeemer for priests dedicated to preaching the Gospel, especially to the rural poor in the kingdom of Naples. Alphonsus continued to preach and hear confessions with great success throughout the kingdom, especially in villages and hamlets, until 1752 when his health failed. He was especially gentle with the scrupulous, those with an unhealthy sense of anxiety and guilt, because he himself suffered from scrupulosity.

Alphonsus published the first of three dozen theological and devotional works in 1745, the most important of which was his Moral Theology, revised and reprinted nine times during his life. In this work he created new moral principles, and his pastoral approach was always one of simplicity and kindness. He also published devotional writings, especially about the Blessed Virgin Mary. His Glories of Mary (1750) influenced Marian piety well into the nineteenth century.

After at first refusing the appointment, in 1762 Alphonsus was ordained bishop of Sant'Agatha dei Goti, a diocese located between Benevento and Capua, Italy. He organized parish missions and urged his priests to be simple in the pulpit and compassionate in the confessional. He was especially critical of priests who celebrated Mass too

quickly. When a famine broke out in the winter of 1763, he sold everything he had, including his carriage and mules and his episcopal ring, to buy food for the starving. The Holy See gave him permission to dip into the assets of the diocese for relief work.

Alphonsus suffered an attack of rheumatic fever in 1767 that almost killed him and left him with an incurably bent neck. He eventually resigned his position in 1775 because of poor health. He lived another twelve years in poor mental and physical health. He died during the night of July 31/August 1, 1787, within two months of his ninety-first birthday. Alphonsus Liguori was beatified in 1816, and made patron saint of confessors and moral theologians in 1950. His feast day is August 1.

Eighteenth Sunday in Ordinary Time Weekend of August 01/02, 2020

In today's Gospel we find an equation the disciples of Jesus couldn't solve: Five loaves and two fish divided by 5,000-plus people. They failed to recognize Jesus in the equation; that whatever they had to offer, Jesus could take it and bless it and satisfy the hunger of the crowd with it. Good stewards recognize that the Lord can work miracles with the gifts they offer to a hungry and broken world. How often are we willing to offer our gifts in faith, even during disquieting times, even as insignificant as we think they are, and count on the Lord to do the rest? How often do we count Christ into the equation?

PARISH ANNOUNCEMENTS

Aug 6: Feast of the Transfiguration of the Lord

Aug 7: First Friday of the month: there will be Benediction of the blessed Sacrament after the 8 am Mass.

Aug 11 to 13: There will be NO morning Mass

Aug 14: Sacrament of Confirmation at 6 pm Mass

Aug 15: Solemnity of the Assumption of the Blessed Virgin Mary

Aug 28: First Holy Communion

Stewardship Reflection - August 02, 2020 - 18th Sunday in Ordinary Time

"Jesus said to them, 'There is no need for them to go away; give them some food yourselves'." (Matthew 14:16)

This is what Jesus said right before he fed the five thousand men. How often do we really place our trust in Jesus when the situation looks grim? With Jesus, no gift is too small or insignificant when offered with love. But, we have to do our part. We should trust that Jesus will provide all that we need. We need to believe that Jesus has a better plan in store for us.

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 Mass Intentions			
	Day		Intention
Saturday	Aug 01	9am	Sp. Int. of Anonymous
		4pm	+Shamus Mulhern+
		6pm	Sp. Intentions of Parishioners
Sunday	Aug 02	9am	+Jason DuPerron+
		11am	+Barbara Jorenczyk+
		12:30pm	Sp. Int. of Wisdom Chan
Monday	Aug 03	8am	Sp. Int. of Samilo Family
Tuesday	Aug 04	8am	+Kenneth Joseph Burbridge+
Wednesday	Aug 05	8am	+Elsie MacPherson+
Thursday	Aug 06	8am	+Misako Maruta+
Friday	Aug 07	8am	+Joan & Bill Janisse+

After six days Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. - *Matthew 17: 1-2*

August 06, 2020
Feast of the Transfiguration Of the Lord



August 15, 2020
Solemnity of The Assumption Of the Blessed Virgin Mary

NOVENA PRAYER

Mary, Queen Assumed into Heaven, I rejoice that after years of heroic martyrdom on earth, you have at last been taken to the throne prepared for you in heaven by the Holy Trinity.

Lift my heart with you in the glory of your Assumption above the dreadful touch of sin and impurity. Teach me how small earth becomes when viewed from heaven. Make me realize that death is the triumphant gate through which I shall pass to your Son, and that someday my body shall rejoin my soul in the unending bliss of heaven.

From this earth, over which I tread as a pilgrim, I look to you for help. I ask for this favor: (Mention your request).

When my hour of death has come, lead me safely to the presence of Jesus to enjoy the vision of my God for all eternity together with you. Amen.

Please pray for our Candidates for the Sacraments of First Communion and Confirmation this month of August



August 14, Friday, 6 PM:
Sacrament of Confirmation

- Juan Nicolas de Guzman

August 28, Friday, 6 PM:
Sacrament of First Communion

- Jzabel Gomes Thomazini
- Nate Santos Conwi



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ARCHDIOCESAN NEWS

⚠ Email Fraud Warning

The Archdiocese has received multiple reports from parishioners and priests who have fallen victim to a recent Internet email phishing scam. Imposters, posing as priests and using email addresses that are similar to those of our priests, have been emailing people asking for personal donations, gift cards, and other forms of financial assistance.

Talk of a Lifetime Webinar

How do you want to be remembered? An individual's story – memories made, principles, and lessons learned – is a gift that should be shared with family and friends. Have the Talk of a Lifetime is an initiative by Gardens of Gethsemani to help families have important conversations during which they can discuss the things that matter most and how a person's life story can be remembered and honoured in a meaningful way. This free webinar takes place Tuesday, Aug. 4 from 10:00 am until 11:00 am. Register online at beholdvancouver.org/events/talk-of-a-lifetime-webinar

ARISE! Grade 8 Summer Retreat

Are you ready to get to know Jesus as your friend? Are you ready to deepen your relationship with him? Let us show you how much Jesus loves you and how you can live your daily lives in a relationship with him! The purpose of the Summer Retreat for Grade 8 Youth is to lead young people into a deeper understanding and relationship with Jesus Christ – through identifying practical ways and ideas on growing in holiness and into regular (daily) practices that will strengthen and deepen the relationship with God – through the Father, Son, and Holy Spirit. Presented as a virtual (online) retreat, we will pray, share stories, talks, and spend time sharing and growing in faith together in small groups. This is a great opportunity to grow together in faith, fun, and fellowship! Join us on Friday, August 7 from 7:00 - 9:00 pm and Saturday, August 8 from 10:00 am - 4:30 pm (with a mid-day break). Register online at beholdvancouver.org/events/3001

The Marriage Course

We are excited to begin this new opportunity to discover how to love each other better and to grow and thrive as a couple which in turn builds a more joyful family. We would like to invite you and your spouse to participate in The Marriage Course, a 7-week program produced by Alpha International, for couples "seeking practical support to strengthen their relationship, keep the spark alive and stay connected." Join us on Zoom Webinar every Thursday from August 13 until September 24 from 7:30 pm - 9:00 pm. Register online at beholdvancouver.org/events/2801