



Guardian Angels Parish

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Pastor: Rev. John Alex Pinto, OCD

Aug 07, 2020

Dear Parishioners,

Sometimes in life, we pass through dark clouds and path ahead seems to be not certain. At other times, there are upheavals, that God seems to be not there. Even if the Lord comes at that moment, we fail to recognize him. Just like the apostles who were on the 4th night of watch, as Jesus was approaching them, they failed to recognize him. We understand that it was dark, sea was in turmoil and the waves were rushing against the boat. Due to lack of favorable factors, they thought it was a ghost, Matthew 14:26. Then, Jesus called and told them, "*it is I, take courage*", Matthew 14: 27-28. Take courage and be assured that Jesus is always with you.

This week I will be away for my annual retreat. There will be no Masses on Tuesday, Wednesday and Thursday.

On Friday evening, August 14, on the eve of the Solemnity of Assumption, our sole candidate for confirmation will be confirmed. Please pray for him and his family. If you wish, you can join the Eucharistic Celebration at 6 pm. Please email or call the parish office to register. On August 15th, the Mass of the Solemnity of Assumption will be at 9 am.

I would like to thank all those who have already contributed to Project Advance. Next week, I will be sharing more information regarding Project Advance, e.g. launching date, etc.

On August 3rd, we celebrated the memorial of St. John Vianney, patron Saint of Parish Priests. He was a simple and humbles Priest. Despite his simplicity, he was able to transform the village of Arcs into pilgrimage center.

Following is a short reflection from the book "Sermons of the Cure of Ars"

Prayers and blessings,

Fr. John Alex Pinto OCD

Pastor

"FOLLOW ONE MASTER ONLY"

WHAT A SAD LIFE DOES HE LEAD WHO WANTS BOTH to please the world and to serve God! It is a great mistake to make, my friends. Apart from the fact that you are going to be unhappy all the time, you can never attain the stage at which you will be able to please the world and please God. It is as impossible a feat as trying to put an end to eternity. Take the advice that I am going to give you now and you will be less unhappy; give yourselves wholly to God or else wholly to the world. Do not look for and do not serve more than one master, and once you have chosen the one you are going to follow, do not leave him. You surely remember what Jesus Christ said to you in the Gospel: you can not serve God and Mammon; that is to say, you cannot follow the world and the pleasures of the world and Jesus Christ with His Cross. Of course you would be quite willing to follow God just so far and the world just so far! Let me put it even more clearly: you would like it if your conscience, if your heart, would allow you to go to the altar in the morning and the dance in the evening; to spend part of the day in church and the remainder in the cabarets or other places of amusement; to talk of God at one moment and the next to tell obscene stories or utter calumnies about your neighbor; to do a good turn for your next-door neighbor on one occasion and on some other to do harm; in other words, to do good and speak well when you are with good people and to do wrong when you are in bad company.

Source: International Catholic Stewardship Council - Aug 2020 • e-Bulletin

Stewardship of Prayer for Kids

One of the biggest questions parents have right now is what kind of routine their children will have as they contemplate a new school year during COVID-19. One thing is for sure, however, autumn brings back a routine, a sense of order and a discipline that summer lacks. Christian stewards can take advantage of this “new routine” to integrate prayer more deeply into their children’s lives.

Evaluate your morning routine. That short morning “journey” can be a great time for a shared morning prayer.

As August begins, it is natural to begin thinking about scaling back the bedtime hour and wringing the most out of the last weeks of freedom before autumn, however we determine what the beginning of the school year will look like. Make a plan now to take advantage of this “new” school year and incorporate aspects of prayer and a heightened awareness of God into your children’s new schedule. For example, evaluate your morning routine. That short morning “journey” can be a great time for a shared morning prayer. Even a walk together can be a time to pause and ask God to bless our day. Perhaps your summer of eating sporadically will be replaced by more established mealtimes. Take advantage of these moments you have with your children to begin a new blessing at the evening meal. Along with thanksgiving for the food, each member of the family could relate one person for whom they were particularly grateful during the day.

The habit of prayer, ingrained in a schedule, can be a habit retained for a lifetime.

Maybe there was a particular event that occurred during the day for which your children were thankful. At bedtime, each child could be called upon to recall with a parent the best part of that child’s day, and also what was the most challenging part of the day. Then, reflect briefly on how God was present through those events. Not only is this a beautiful way to help your child be

conscious of the presence of God, it’s a great way to learn more about your child’s experiences. By allowing the stewardship of your own prayer life to unfold for your children, you reveal to them that a sense of prayerfulness permeates your day, that life has more meaning and purpose when reflected upon, and that the habit of prayer, ingrained in a schedule, can be a habit retained for a lifetime.

Nineteenth Sunday in Ordinary Time Weekend of August 08/09, 2020

Today’s Gospel reveals what miraculous things can happen when one embraces a single-minded faith in Jesus Christ. Peter gets out of a wind-tossed boat when the Lord calls him. His faith is tested by his obedience to Jesus who is calling him out onto the water. In the midst of the waves and the wind, Peter gets out of the boat and walks toward Jesus. Good stewards heed Christ’s call to them. Sometimes that call directs them to take on seemingly impossible challenges. This week, reflect on how the Lord could be calling you out of the safety of your own “boat” to take on the impossible.

PARISH ANNOUNCEMENTS

Aug 10: Feast: Saint Lawrence

Aug 11 to 13: There will be NO morning Mass - (Carmelite Friars Retreat). *Please pray for our Carmelite Priests that they may have a restful and fruitful retreat as they reconnect and reexperience the presence of God in solitude. May the Holy Spirit give them renewed strength and wisdom.*

Aug 14: Memorial: Saint Maximilian Kolbe

Aug 14: 6 pm Mass; Sacrament of Confirmation
(Vigil Mass of Our Lady of Assumption)

Aug 15: Solemnity: 9 am Mass;
The Assumption of the Blessed Virgin Mary

Aug 28: 6 pm Mass; First Holy Communion

Stewardship Reflection - August 09, 2020
19th Sunday in Ordinary Time

"He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus." (Matthew 14:29)

When you hear Jesus calling, do you respond immediately and trust that He knows what He's doing? If so, you are walking on water! When we say "yes" to Jesus, we feel the power of His presence in our lives. We can feel the freedom it gives us! Listen to how Jesus is calling you to live the extraordinary life He has intended for you.

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Mass Intentions

	Day		Intention
Saturday	Aug 08	9am	Sp. Int. of Anonymous
		4pm	For the Souls in Purgatory
		6pm	Sp. Int. of Wilson Chan
Sunday	Aug 09	9am	Sp. Intentions of Parishioners
		11am	Sp. Int. of Apple Reyes
		12:30pm	Sp. Int. of Rufina Amandiz
Monday	Aug 10	8am	+Marion Catherine Burbridge+
Tuesday	Aug 11	8am	NO Mass
Wednesday	Aug 12	8am	NO Mass
Thursday	Aug 13	8am	NO Mass
Friday	Aug 14	8am	+Rosemarie, Ignatius & Frances Mascarenhas+

Please pray for our Candidates for the Sacraments of First Communion and Confirmation this month of August



August 14, Friday, 6 PM:

Sacrament of Confirmation

- Juan Nicolas de Guzman

August 28, Friday, 6 PM:

Sacrament of First Communion

- Jzabel Gomes Thomazini

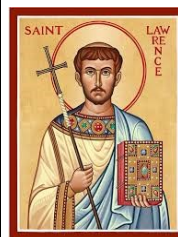
- Nate Santos Conwi



Prayer to St. Lawrence

Graciously obtain for me from God those favours and graces which I need so much in the trials, miseries and afflictions in life, particularly (name it).

O glorious Saint Lawrence, Martyr and Deacon, who, being subjected to the most bitter torments, didst not lose thy faith nor thy constancy in confessing Jesus Christ, obtain in like manner for us such an active and solid faith, that we shall never be ashamed to be true followers of Jesus Christ, and fervent Christians in word and in deed.



Our Father, Hail Mary, Glory be
 V. Pray for us, O holy Lawrence,
 R. That we may be made worthy of the promises of Christ.

Let us pray.

Grant, we beseech Thee, Almighty God, the grace to quench the flames of our vices, Thou who didst enable blessed Lawrence to overcome his fiery torments. Through Christ our Lord. Amen.



August 15, 2020

Solemnity of The Assumption Of the Blessed Virgin Mary

NOVENA PRAYER

Mary, Queen Assumed into Heaven, I rejoice that after years of heroic martyrdom on earth, you have at last been taken to the throne prepared for you in heaven by the Holy Trinity.

Lift my heart with you in the glory of your Assumption above the dreadful touch of sin and impurity. Teach me how small earth becomes when viewed from heaven. Make me realize that death is the triumphant gate through which I shall pass to your Son, and that someday my body shall rejoin my soul in the unending bliss of heaven.

From this earth, over which I tread as a pilgrim, I look to you for help. I ask for this favor: (Mention your request).

When my hour of death has come, lead me safely to the presence of Jesus to enjoy the vision of my God for all eternity together with you. Amen.

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ARCHDIOCESAN NEWS

⚠ Email Fraud Warning

The Archdiocese has received multiple reports from parishioners and priests who have fallen victim to a recent Internet email phishing scam. Imposters, posing as priests and using email addresses that are similar to those of our priests, have been emailing people asking for personal donations, gift cards, and other forms of financial assistance.

The Marriage Course

We are excited to begin this new opportunity to discover how to love each other better and to grow and thrive as a couple which in turn builds a more joyful family.

We would like to invite you and your spouse to participate in The Marriage Course, a 7-week program produced by Alpha International, for couples "seeking practical support to strengthen their relationship, keep the spark alive and stay connected." Join us on Zoom Webinar every Thursday from August 13 until September 24 from 7:30 pm - 9:00 pm. Register online at beholdvancouver.org/events/2801

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Guest Attendant, Men's Hostel (Casual Part-Time)

The Catholic Charities Men's Hostel is looking for Guest Attendants to support the Men's Hostel.

Guest Attendant Shift Supervisor, Men's Hostel

For more information and application instructions please visit rcav.org/employment

Santa Maria House

If you, a loved one, or someone you know, wants to be free from an addiction to drugs or alcohol, consider Sancta Maria House. Located in a beautiful part of Vancouver, we offer a structured and supportive Catholic Christian 12-Step recovery program, in a pleasant, loving, family-like setting. We accept women of all faith backgrounds. For more information, visit: agapestreetministry.org/healing-homes/sancta-maria-house-1st-stage-recovery-house/ <<http://agapestreetministry.org/healing-homes/sancta-maria-house-1st-stage-recovery-house/>> or call 604-731-5550.