



Guardian Angels Parish

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Pastor: Rev. John Alex Pinto, OCD

30th Sunday in Ordinary Time

October 23, 2020

Dear Parishioners,

This Sunday's Readings are easy sounding. "Love and you have accomplished everything." Quite easy to proclaim and hard to put into practice. If one says he/she has perfected in love, good for him/her, God is to be praised. I feel personally, it is the hard commandment to love as God loves.

Three groups of people were mentioned together in the Bible especially in the Old Testament, they are: the strangers, the widows and the orphans. These were neglected folks. In ancient times as is now, there were no human rights organizations nor self-help groups to care of these people.

The First Reading, therefore, has a relevant message for us. People of all times and ages have taken advantage of the weak, poor, defenseless, widows or orphans. Though Old Testament focused on these groups of people and imposed penalty on those who violated them, only in Jesus we find concrete ways to perfect them. As Jesus proclaims, "whoever fulfilled the commandment of love has fulfilled the law."

Please watch Archbishop's Message on Project Advance posted on our website as well as emailed to all those who are in our contact email list. I also invite all those who can join in Virtual Archbishop's Dinner on Thursday, October 29. If you wish to attend, please check our parish bulletin for details to register.

The Book of Life has been placed near St. Joseph's Altar. You can write the names of your dearly departed and we will remember them in our prayers at every Mass. Also, ALL Souls envelopes are available in the church.

Thank you, Legion of Mary for organizing the Rosary Procession to mark in a meaningful way, the month of October.

Finally, a big thank you to Knight of Columbus for securing our Lady's statue at the grotto. Couple of months back, two times, there was an attempt made to move the statue of Mother Mary. With my request, Knights of Columbus and with the help of Mike from Avaun properties, have done a good job securing the statue. Thank you, Mike, and Knights of Columbus!

As you know, we are passing through hard times. Please protect one another and pray for one another.

May the God of Peace be with you.

Fr. John Alex Pinto OCD
Pastor

Source: <http://www.vatican.va/content/francesco/en/angelus/2017/documents/papa->

Saint Peter's Square, OCTOBER 29, 2017

Dear Brothers and Sisters, good morning!

This Sunday, the Liturgy presents us with a brief, but very important Gospel passage (Mt 22:34-40). Matthew the Evangelist recounts that the Pharisees assemble in order to put Jesus to the test. One of them, a doctor of the Law, asks him this question: "Teacher, which one is the great commandment in the law?" (v. 36). It is an insidious question, because more than 600 precepts are mentioned in the Law of Moses. How should the *great commandment* be distinguished among these? But Jesus responds without hesitation: "You shall love the Lord your God with all your heart and with all your soul and with all your mind". And he adds: "You shall love your neighbor as yourself" (vv. 37, 39).

This response of Jesus is not to be taken for granted, because, among the numerous precepts of the Hebrew Law, the most important were the 10 Commandments, communicated directly by God to Moses, as the conditions of the Covenant with the people. But Jesus wants to make it understood that without love for God and for our neighbour there is no true fidelity to this Covenant with the Lord. You may do many good things, fulfil many precepts, many good things, but if you do not have love, this serves no purpose.

It is confirmed by another text in the Book of Exodus, the so-called "Covenant Code", where it is said that one cannot adhere to the Covenant with the Lord and mistreat those who enjoy his protection. And who are those who enjoy his protection? The Bible says: the widow, the orphan and the stranger, the migrant, that is, the most lonely and defenseless people (cf. Ex 22:20-21). In responding to those Pharisees who question him, Jesus also tries to help them put their religiosity in order, to distinguish what truly matters from what is less important.

Jesus says: "On these two commandments depend all the law and the prophets" (Mt. 22:40). They are the most important, and the others depend on these two. And Jesus lived his life precisely in this way: preaching and practising what truly matters and is essential, namely, love. Love gives impulse and fruitfulness to life and to the journey of life: without love, both life and faith remain sterile.

What Jesus proposes in this Gospel passage is a wonderful ideal, which corresponds to our heart's most authentic desire. Indeed, we were created to love and to be loved. God, who is Love, created us to make us participants in his life, to be loved by him and to love him, and with him, to love all other people. This is God's "dream" for mankind. And to accomplish it we need his grace; we need to receive within us the capacity to love which comes from God himself. Jesus offers himself to us in the Eucharist for this very reason. In it we receive Jesus in the utmost expression of his love, when he offered himself to the Father for our salvation.

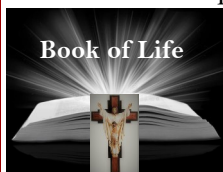
May the Blessed Virgin help us to welcome into our life the "great commandment" of love of God and neighbour. Indeed, if we have experienced it ever since we were children, we will never cease converting ourselves to it and putting it into practice in the various situations in which we find ourselves.

God's
"dream" for mankind,
Love Him and
thy neighbor!



BOOK of LIFE

All Souls Day – November 2nd, 2020: The Church devotes the month of November to pray for the deceased members of our families and friends. You are invited to offer Mass(es) for your deceased loved ones throughout the year, but most particularly during the month of November. Envelopes and a marked box, for this purpose, have been placed in front of the statue of St. Joseph. A stipend of \$10 per envelope is suggested. The Book of Life is displayed where you can enter the name(s) of the loved ones that you wish to have remembered and prayed for.



For the living know that they will die, but the dead know nothing, and they have no more reward, for the memory of them is forgotten. - Ecclesiastes 9:5 -

KIDS & SENIORS CORNER

(Contributed by Nyles Fernandes)



- 1) What's the largest muscle in the human body?
- 2) What's the smallest muscle in the human body?
- 3) What's the longest muscle in the human body?
- 4) Which is the longest of the 4 Gospel's?

- ANSWERS:
- 1) It is the one you are sitting on. Gluteus maximus or Buttocks, its location, (back of the hip).
 - 2) Stapedius, 1 mm long, controls the vibration of the smallest bone, protects the inner ear from loud noises.
 - 3) Sartorius is a long thin muscle from the upper thigh to the inside of the knee. It helps in knee and hip flexing.
 - 4) The Gospel of St. Luke.

Reflection

International Catholic Stewardship Council - Oct.2020 • e-Bulletin

30th Sunday in Ordinary Time: October 24/25, 2020

There is one command that summarizes this weekend's Gospel: to love. For Jesus there is no distinction between these two commands of loving God and neighbor. One naturally flows from the other. In fact, for Jesus, these commands constitute a way of life for Christian stewards; a unique approach to life and to their relationship with others. Our neighbors include everyone with whom we come into contact: family members, friends, people we don't like, strangers and particularly those most in need of our love and compassion. Love calls us to open our hearts and do more to help others grow closer to the Lord. How might we follow Christ's love command more fervently?


Mass Intentions

	Day		Intention
Saturday	Oct 24	4pm	+Rose Giely+
		6pm	+Edward Bilek+
Sunday	Oct 25	9am	Sp. Int. of Ehigie & Christiana
		11am	+Joan & Bob Eaton+
		1pm	For the Parishioners
Monday	Oct 26	8am	Sp. Int of Camile Baksh
Tuesday	Oct 27	8am	Thanksgiving - Dorothea Perez
Wednesday	Oct 28	8am	Anonymous - Intention #2
Thursday	Oct 29	8am	+Winn Williams+
Friday	Oct 30	8am	+Arthur Keung Lee+

CATECHISM OF THE CATHOLIC CHURCH
Article 3
The Church, Mother and Teacher

2030 It is in the Church, in communion with all the baptized, that the Christian fulfills his vocation. From the Church he receives the Word of God containing the teachings of "the law of Christ."⁷² From the Church he receives the grace of the sacraments that sustains him on the "way." From the Church he learns the *example of holiness* and recognizes its model and source in the all-holy Virgin Mary; he discerns it in the authentic witness of those who live it; he discovers it in the spiritual tradition and long history of the saints who have gone before him and whom the liturgy celebrates in the rhythms of the sanctoral cycle.

PARISH ANNOUNCEMENTS
Oct 28: Feast - St. Simon and St. Jude, Apostles
Nov 01: Solemnity - Solemnity of All Saints:

Today is primarily a Sunday, the Lord's day; the saints are the principal witnesses to Christ and to the saving power of his death and resurrection. This is the focus of today's celebration. - *Ordo 2019-2020 p. 382*

Nov 02: The Commemoration of All the Faithful Departed (All Souls Day)
Baptism Prep Class


For those preparing their child to get baptized in the Catholic church, we are conducting Baptism Prep Class upon request. Please call or email the parish office for details.

Rite of Christian Initiation for Adults


Sessions are for persons inquiring about the Christian faith or wanting to deepen their understanding of the Catholic Faith. Session is ongoing and is held every Tuesdays, 7-9 p.m.

Parish Religious Education Program

For inquiries about PREP classes for the year 2020/2021, please email parish.ga@rcav.org or call 604-684-5775; or send your email direct to the PREP Coordinator at carmelacorpuz@hotmail.com

PROJECT ADVANCE 2020

There have been a further 21 donations made to Project Advance in the past



two weeks bringing our total to \$17,815 from 52 donors. Many thanks to those who have contributed so far. Please remember that you can donate online, by mail, or by enclosing your contribution in an envelope marked "Project Advance" and placing it in the collection basket during the offertory at Mass.

Nov. 1 - Sunday: DST ends


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ARCHDIOCESAN NEWS

⚠ Email Fraud Warning

The Archdiocese has received multiple reports from parishioners and priests who have fallen victim to a recent Internet email phishing scam. Imposters, posing as priests and using email addresses that are similar to those of our priests, have been emailing people asking for personal donations, gift cards, and other forms of financial assistance.

FREE Virtual Archbishop's Dinner

Join Archbishop J. Michael Miller, CSB for this live online event for the latest news—and to discover what you can do to answer 'The Great Call of the Laity'—during this mission-critical time in our local Church. Among personal testimonials from lay leaders in our Archdiocese, this one-hour, catalytic, and high-energy live event will keep you informed on the fantastic things happening in the Archdiocese and inspire you with personal stories of those who are building up our local Church. Join us on Thursday, Oct. 29 from 8:00 pm - 9:00 pm online. Register to attend for FREE at rcav.org/dinner2020

Prison Ministry Support and Development Day

Join us online for a complete look at the Archdiocese's prison ministry. We will also have time for learning, reflection, and inspirational words from our many speakers including Bishop Gary Gordon. This event takes place Saturday, Oct. 31 from 9:30 am - 11:15 am on Zoom. All are welcome! Please RSVP to Angela aveters@rcav.org

November: The Month of Holy Souls

The faithful are called to pray for the dead especially during November, the month of Holy Souls. During the Hallowtide Triduum, the Feast of All Saints is a time for the Church to honour and celebrate all the saints and martyrs in Heaven - both known and unknown. We especially honour the saints who have not been canonized or do not have a special feast day. Throughout the month of November, Catholics also pray for souls in purgatory who may be undergoing a process of purification before entering into the presence of God. Sign up to receive Holy Souls prayers in your inbox for each day of November at rccav.org/November

All Souls' Day Mass with Archbishop Miller

Join Archbishop J. Michael Miller, CSB for All Souls' Day Mass on Monday, Nov. 2 at 6:00 pm live from the Evangelist Chapel at Gardens of Gethsemani. Register to attend in-person or by livestream at rccav.org/events

Highways to Heaven - Lives of Blesseds Carlo Acutis & Chiara "Luce" Badano

How did two normal teenagers—a 15-year-old tech whiz and an 18-year-old ray of sunshine—live such authentic lives? Despite their short years on earth, they found their highway to heaven and are on the way to sainthood. We only have one life to live, so how can we find true fulfillment and meaning? Let's look to Carlo and Chiara and hear their stories. Join us this Saturday, Nov. 7, at 7:00 pm on Zoom to get to know these two extraordinary youth through storytelling and artistic performances. Register online at beholdvancouver.org/events. Presented by young adults from SFU Chaplaincy and Focolare Movement.